

Weekly Winter Menu

Monday

Fish & Seafood Entrées:

Pan Seared Salmon w/Citrus Dressing (17.95/lb.)-Poached Shrimp (22.95/lb.)

Other Entrées:

Chicken Schnitzel (14.95/lb.)-Brick Chicken w/Poached Pears (14.95/lb.)

Chicken Piccata w/Lemon Caper Sauce (14.95/lb.)-Bombay Curry Chicken (12.25/lb.)

Beef Shepherd's Pie (11.95 ea)-Asian Steak (19.95/lb.)- Honey Glazed Country Ham (\$11.95/lb.)

Beef Empanada (3.95 ea.)-Tofu Cakes (\$3.95 ea.)

Salads:

Chicken Avocado Salad (14.25/lb.)-Waldorf Chicken Salad (11.95/lb.)

Smoked Chicken Salad (14.25/lb.)-Tuna Vegetable Salad (8.95/lb.)- Corn Salad (12.25/lb.)

Greek Tomato & Cucumber Salad (9.75/lb.)

Vegetables & Sides:

Brown Rice w/Vegetables (11.25/lb.)-Moroccan Couscous (11.95/lb.)-Potato Latkas (1.10 ea)

Mashed Potatoes (8.75/lb.)-Green Beans (12.95/lb.)-Chinese Broccoli (12.75/lb.)

Curried Vegetables w/Cauliflower & Garbanzo Beans (12.95/lb.)

Brussels Sprouts w/German Potato Dumplings (12.95/lb.)-Ratatouille (10.75/lb.)

Tuesday

Fish & Seafood Entrées:

Pan Seared Salmon w/Sesame Crust (17.95/lb.)-Shrimp du Jour (22.95/lb.)-Seafood Cakes (7.50 ea.)

Other Entrées:

Mojo Chicken (14.95/lb.)-Classic Chicken Stew (12.25/lb.)-Chicken Fingers (14.95/lb.)

Chicken Burrito (\$7.50)-Chicken Empanadas (3.95 ea.)- Beef Lasagna (12.75/lb.)

Asian Steak (19.95/lb.)- Beef Shepherd's Pie (11.95 ea.)-Beef Dumplings (6.95/pk)

Salads:

Chicken Couscous Salad (13.95/lb.)- Avocado Chicken Salad (14.25/lb.)

Tuna Vegetable Salad (8.95/lb.)-Beet Salad (12.95/lb.)- Black Bean Salad (9.75/lb.)

French Lentil Salad (11.95/lb.)

Vegetables & Sides:

Pan Fried Noodles of the Day (10.95/lb.)-Mashed Potatoes (8.75/lb.)-Vegetable Antipasto (12.95/lb.)

Roasted Sweet Potatoes or Butternut Squash (10.25/lb.)

Rice & Beans (10.25/lb.)-Brown Rice w/Vegetables (11.25/lb.)

Green Beans (12.95/lb.)-Sauteed Chinese Broccoli (12.75/lb.)

Wednesday

Fish & Seafood Entrées:

Poached Shrimp w/Sweet & Sour Sauce (22.95/lb.)-Salmon Cakes (7.50 ea.)
Grilled Arctic Char (\$18.95/lb.)- Pan Seared Salmon w/Coriander Crust (17.95/lb.)

Other Entrées:

Chicken Schnitzel (14.95/lb.)-Chicken Tajine (14.95/lb.)-Chicken Pot Pie (11.95 ea.)
Chicken Quesadillas (3.95 ea.)-Stuffed Cabbage w/Beef (4.50 ea.)
Brazilian Grilled Steak w/Chimichurri Sauce (19.95/lb.)-Vegetable Gratin (11.95/lb.)

Salads:

Waldorf Chicken Salad (11.95/lb.)-Curried Chicken Salad (11.95/lb.)- Tuna Vegetable Salad (8.95/lb.)
Tomato & Mozzarella Salad (11.25/lb.)- Asian Noodle Salad (10.95/lb.)

Vegetables & Sides:

Basmati Rice (12.25/lb.) Brown Rice w/Vegetables (11.25/lb.)-Mashed Potatoes (8.75/lb.)
Moroccan Couscous (11.95/lb.)- Pasta Bolognese (10.95/lb.)-Green Beans (12.95/lb.)
Ratatouille (10.75/lb.)-Curried Vegetables (12.95/lb.)-Sugar Snap Peas (12.95/lb.)

Thursday

Fish & Seafood Entrées:

Chilean Seabass Miso Infused (27/lb.)-Pan Seared Salmon w/Everything Crust (17.95/lb.)
Poached Shrimp Salad (22.95/lb.)-Seafood Paella (17.95/lb.)-Salmon Cakes (6.95 ea.)

Other Entrées:

Chicken Fingers (14.95/lb.)-Moroccan Chicken Tajine (14.95/lb.)-Chicken Empanadas (3.95 ea.)
Brick Chicken du Jour w/Poached Apples (14.95/lb.)- Braised Short Ribs (21.95/lb.)
Smoked Cuban Pork w/Mojo Sauce (16.95/lb.)
Homemade Manicotti w/Vegetables & Fresh Mozzarella (13.95/lb.)

Salads:

Waldorf Chicken Salad (11.95/lb.)- Chicken Asparagus Salad (14.95/lb.)
Roasted Beet Salad (12.95/lb.)

Vegetables & Sides:

Hominy Cakes (4.50 ea.)-Kabacho Quinoa w/Asparagus (11.95/lb.)- Tofu Cakes (3.95 ea.)
Spaetzle w/Mushrooms (12.95/lb.)-Basmati Rice (12.25/lb.)
Brown Rice w/Vegetables (11.25/lb.)-Mashed Potatoes (8.75/lb.)-Potato & Zucchini Latkas (1.10 ea.)
Vegetable Gratin (11.95/lb.)- Sautéed Sugar Snap Peas (12.95/lb.)-Sautéed Asian Vegetables (12.95/lb.)

Friday

Fish & Seafood Entrées:

Fresh Island Tuna (24.95/lb.)-Brazilian Seafood Stew (21.95/lb.)-Crab Cakes (7.95 ea.)
Salmon w/Hearts of Palm Relish (17.95/lb.)

Other Entrées:

Chicken Schnitzel (14.95/lb.)-Boneless Jerk Chicken (12.75/lb.)-Classic Chicken Stew (12.25/lb.)
Cumin Crusted Steak (19.95/lb.)-Braised Brisket (18.95/lb.)-Beef Empanada (3.95 ea.)
Beef Lasagna (12.75/lb.)-Creamy Brown Rice Risotto (11.25/lb.)

Salads:

Curried Chicken Salad (11.95/lb.)-Chicken Caesar Salad w/Pasta (11.95/lb.) Tomato & Mozzarella Salad (11.25/lb.)

Vegetables & Sides:

Potato Gratin (10.95/lb.)-Orzo w/Mushrooms & Roasted Vegetables (11.50/lb.)
Rice & Beans (10.25/lb.)-Roast Potatoes (8.75/lb.)-Mashed Potatoes (8.75/lb.)
Brussels Sprouts w/German Potato Dumplings & Bacon (12.95/lb.)
Roasted Root Vegetables (11.95/lb.)-Vegetable Antipasto (12.95/lb.)
Steamed Broccoli (10.75/lb.)-Green Beans w/Roasted Garlic (12.95/lb.)
Roasted Beets (12.95/lb.)-Sauteed Sugar Snap Peas (12.95/lb.)

Saturday

Fish & Seafood Entrées:

Tuscan Seafood Salad (25.95/lb.)-Pan Seared Salmon w/Artichoke Relish (17.95/lb.)
Crab Cakes (7.95 ea.)

Other Entrées:

Chicken Piccata (14.95/lb.)-Chicken Fingers (14.95/lb.)-BBQ Chicken Wings (9.75/lb.)
Chicken Pot Pie (11.75 ea.)-Chicken Empanadas (3.95 ea.)
Brick Chicken w/ Tangerine Cumin Glaze (14.95/lb.)-Asian Steak (19.95/lb.)-Beef Stew (14.95/lb.)

Salads:

Chicken Avocado Salad (14.25/lb.)-French Lentil Salad (12.25/lb.)

Vegetables & Sides

Spaetzle w/Mushrooms (12.95/lb.)-Mashed Potatoes (8.75/lb.)- Ratatouille (10.75/lb.)
Vegetable Brown Rice (11.25/lb.)-Asian Noodle Salad (10.95/lb.)-Roast Potatoes (8.75/lb.)
Roasted Root Vegetables (11.95/lb.)-Green Beans (12.95/lb.)-Succotash (12.95/lb.)
Roasted Mushroom Medley (13.95/lb.)- Brussels Sprouts (12.95/lb.)

Exciting new Specials added everyday, check Facebook or call the store to inquire!

Please note that menu items and prices are subject to change!

Please call after 10am for our Specials of the Day!!! (914) 666-6523

25 Depot Plaza - Bedford Hills, NY 10507 - Tel: (914) 666-6523 Fax: (914) 666-6525

*Warning: if you have a food allergy, please speak to the owner, manager, chef
or your server.*